To maintain the highest quality supervisors in the field, the AAMFT requires that Approved Supervisors take a refresher course prior to the renewal of their designation. This course is designed specifically to meet that requirement and to keep participants on the cutting edge of clinical supervision practice. The course may be used to qualify for the Approved Supervisor designation by those who took the full course more than five years ago.

The course will include case examples, didactic, and interactional instruction methods and will focus on current resources available to supervisors, management of ethical and legal issues likely to arise during supervision, utilization of supervision contracts, cultural competence in supervision and therapy, and discussion of the current Approved Supervisor requirements.

Participants will:

- review currently available clinical supervision resources and information, with an emphasis on the literature from the past five years.
- discuss ways to manage challenging ethical and legal issues that arise in the course of supervision and supervision mentoring.
- learn about the importance of contracts in supervision and review the key elements necessary for creating a developmentally appropriate supervision contract.
- consider ways to address multiple cultural issues that are inherent in and influence supervision and therapy.
- learn about the current standards for becoming and maintaining the AAMFT Approved Supervisor designation, with particular attention to the Approved Supervisor’s role as a mentor.

Participants are strongly encouraged to bring resources that would enhance and deepen the learning experience for everyone involved (e.g., samples of the forms and contracts they use; challenging supervisory situations for discussion) and be prepared to share their own supervisory expertise.

Course Schedule:

*Wednesday, March 6*

9:00 a.m. – 12:00 p.m. & 1:00 p.m. – 3:00 p.m.

Thorana Nelson, PhD, is an AAMFT Clinical Fellow and Approved Supervisor, is a professor emerita at Utah State University and former director of the USU COAMFTE-accredited Marriage and Family Therapy program. Dr. Nelson is the editor and co-editor of many books, book chapters, and journal articles on practices in Couple and Family Therapy, including four books on practices in Solution-Focused Brief Therapy and SFBT training. She served on the AAMFT Board of Directors, the steering committee for the AAMFT Core Competencies, and chaired the AAMFT Supervision Designation Standards Review Task Force.
REQUIRED READINGS


AAMFT Core Competencies downloadable from www.aamft.org

To prepare for the course, please read at least three of the following articles that are of particular interest to you and be prepared to discuss them. All articles are available at www.FamilyTherapyResources.net and are free for AAMFT members. You may have other resources that would be useful to the group as well; please bring them.


Mowery, R. L. (2009), Expanding from ethical compliance to ethical empowerment: Supervisors are key (part 2). Family Therapy Magazine, Nov/Dec, 48-49.


**You should also be familiar with the jurisdictional laws and rules under which you supervise.**

**Additional useful readings:**


**A good text is:**